***This film was made before our name changed from FCO Services to FCDO Services***

*00:00 [FCO Services logo appears on screen on a peacock blue background]*

*[Music plays]*

*00:02 [The logo fades, the background fades to pale green, and the outline of the word CAREER appears. Then, a young black girl, around two years old, appears. She’s playing with various toys, including a ball, xylophone and building blocks.]*

>> Colleague: I had taken a long career break to look after my daughter…

*00:05 [The image and text swipe out to the left and a line of FCO Services crests come in from the right. Then, the line becomes a wave; the crests moving up and down.]*

>> Colleague: …so when I joined FCO Services, I was looking for a job that would offer some flexibility…

*00:10 [One crest in the middle is catapulted upwards, moving up through clouds. As it slows down among the clouds, the word ‘progression’ appears in white in the sky. The crest keeps moving up, and the words ‘settle back in’ appear, then the words ‘moving up’. At this point, the background turns to a darker peacock blue.]*

>> Colleague: …and progression at the same time. I wanted to settle back in, then get right into moving up and building my skills.

*00:17 [The crest moves out of the top of the screen, the clouds and words fade, and a set of books comes in from the left hand side. The titles on the spines of the books read: Settling in, Progression, Moving up, Flexibility, Building Skills. A ticker appears on the right, numbers rising from 1 to 10, with a little ticking noise as it does.]*

>> Colleague: FCO Services seemed to offer all of that – and I’ve been here ten years now.

*00:22 [The books vanish and the outline of the word BUSINESS appears in white, and expands to fill the full width of the screen. Then a white line with an arrow appears, along with white hotspots. As the line moves across the screen left to right, it moves upwards through the hotspots, like a graph going upward, curving up toward the right top corner.]*

>> Colleague: Over that time, I’ve moved up through the business. The organisation is good like that:

*00:28 [The line and text vanish, and the roundel hotspots become photos – one of two men working; one of a man and woman working; one of a man and woman sharing coffee; one of a woman writing something on a board for two colleagues. The images form first a line, then a circle, and they begin to rotate, before scattering and exiting the screen in different directions.]*

>> Colleague: If you’re prepared to put in the hard work, you’ll get the support you need to develop in the direction you want to go.

*00:35 [A series of abstract shapes fills the screen – squares, rectangles, triangles, half circles – but then the shapes come together and form the words ‘PAYS OFF’]*

>> Colleague: You feel like your hard work really pays off here.

*00:42 [The words vanish and the word LEARN swipes in here. We seem to pan across, and we see a long shadow on the word, as if the sun is shining behind it.]*

>> Colleague: There are opportunities for you to learn so much here through shadowing…

*00:38 [The words vanish and four roundels of various sizes appear, each with different images. One is of FCO Services’ work on constructing a new lecture theatre for the Foreign and Commonwealth Office. One is of the container of a blue HGV being lifted onto the front of the truck by crane. One is of a impressive embassy dining room. One is of someone drawing up blueprints. Then, the theatre venue is labelled with ‘Internal courses’, and the blueprints are labelled with ‘External courses’.]*

>> Colleague: …working on varied projects, and through internal and external courses.

*00:49 [The images fade and we transition to a pale green background. Three dots appear on the left of the screen, and arrow lines extend out from them, the middle line extending fastest, until they even out and reach the words ‘project assurance’, and underneath, the faint image of project quality control reports]*

>> Colleague: At the moment, I’m looking forward to going on a project assurance course.

*00:53 [We swipe left to find a diverse group of people, arranged in a circle. Each of them has a project quality control report image behind them. The circle rotates gently, before breaking apart to form a line of people.]*

>> Colleague: And in the past, as a manager, I’ve also arranged for training courses for my team, to support them to grow in their chosen career.

*01:02 [The people disappear and we change to a peacock blue background. Roundels with images in them appear, with different images inside. There’s a man and woman talking; a man and woman sitting at a desk, and three people talking in an office setting.]*

>> Colleague: The culture here is very inclusive.

*01:05 [We swipe across the roundels, keeping some on screen, and another roundel appears. It’s pale blue, and inside it, the words BAME NETWORK are written in white. Smaller roundels populate around it, and connecting lines appear. We move right, and more roundels populate in, some with images of diverse colleagues working, some plain pale blue. There are connecting lines between them all, and the roundels begin to switch places, whilst staying connected.]*

>> Colleague: I belong to the BAME network here – the network that provides a space for colleagues from ethnic minorities to support one another to develop transferable skills.

*01:15 [The roundels fade, we move to a pale blue background, and images of the London skyline appear: Tower Bridge, Nelson’s Column, the London Eye, St Pauls, the House of Parliament – and finally a large picture of FCO Services’ King Charles Street offices. Four people appear in front of the offices.]*

>> Colleague: We had a drop-in coaching session in our London offices so that BAME colleagues can get career mentoring.

*01:15 [The London skyline section disappears and an image of FCO Services’ Hanslope Park offices appears alongside King Charles Street. More people appear, then the buildings vanish and the word Support appears behind the people.]*>> Colleague: Teams from Hanslope Park were also encouraged to attend to get the support they need.

01:27 *[We zoom, with a little ‘zoom’ noise, to a peacock blue background, and the FCO Services logo and ‘FCO Services, ‘Part of the Foreign and Commonwealth Office’ appear in white.]*

>> Colleague: This is FCO Services.

01:31: *[Logo disappears and the words ‘Your job bigger’ appear. As ‘bigger’ appears, there’s a whoosh sound.]*

>> Colleague: This is your job, bigger.